FOCUS CENTERS SERVICES

The Quantitative EEG (QEEG)

Quantitative EEG (QEEG) is a process for measuring brain wave patterns on the surface of the cortex. The qEEG analyzes these patterns from 19 locations simultaneously which are then compared to a normative database and used to create images of your brain wave patterns. These images are very helpful in providing diagnostic and treatment suggestions for someone trained in the use of neurofeedback. The qEEG is usually recommended to provide clear and specific guidance to neurofeedback clincians when there is a history of brain injury, trauma, epilepsy or autism. The qEEG report provides information on the patient's emotional, cognitive, behavioral and cognitive functioning. Fee \$750

The Clinical Q

This is a brief and less expensive form of EEG analysis which also being used to capture and analyze brainwave activity. It involves the recording of electrical activity at 5 specific regions of the brain (the Default Mode Network) and then comparing the data to a clinical database that allows us to identify clinical conditions related to mental, cognitive and emotional states that can be treated with neurofeedback. These findings are very useful in determining treatment protocols for use by the clinicians at Focus Centers.

Fee \$150

Neurofeedback Combined with Psychotherapy

The treatment is pleasant (patient views images on a computer screen), painless and quick to generate change. It does not interfere with counseling or medication but it can increase attention, calm the nervous system, improve concentration, regulate emotional expression, reduce medications and improve outcomes. Based on operant conditioning, neurofeedback optimizes brain functioning. Fee: Partially Paid by Health Insurance – call us to share your insurance information.

Myndlift Home Based Neurofeedback

This head band with built in sensors measures EEG activity and can be programmed to provide one channel neurofeedback. It is packaged with a Tablet displaying games and videos that allow the user to optimize brain activity from the comfort of their home at a time of their choosing. It is based on EEG Analysis and is programmed by Focus Center Clinicians to follow specific treatment protocols remotely to address your health concerns.

Monthly fee \$500 includes all equipment. Periodic Phone Check-ins with the clinicians are scheduled.

Alpha Stim

The Alpha-Stim is a Electrotherapy device that has proven effective and is safe and effective for the treatment of anxiety, insomnia, depression and some forms of pain management. It has no lasting side effects, no risk of addiction, and no danger of interaction with medications. Results are immediate and tend to last about 48 hours. The patient tests the device at our clinic and when they decide they wish to purchase the device, it is used every 2-3 days to bring continual relief.

Fee: After a couple of trials in our office, the device can be purchased for \$840.